

2024-25 Dance Team & Ballet Company Auditions

Ages 5 & Up

ND&MA BALLET REPERTOIRE



CHULA VISTA BALLET



PERFORMANCE TEAMS



COMPETITION TEAMS



Saturday, June 29, 2024

1:00pm

Level 1 - 7

Ballet Companies:
Chula Vista Ballet
Ballet Repertoire

Saturday, June 29, 2024

1:30pm

Ages 5 - 17

Dance Teams:
Competitive Dance Teams
Performance Dance Teams

Step 1

All Parents come to an informational meeting,
May 18, 2024 at 1pm: www.neishas.com/signup
Students get to take a sample class.

Step 2

Sign up for Auditions: www.neishas.com/signup

Step 3

Attend Auditions: **June 29, 2024**
Ballet Companies: **1pm**
Dance Teams **1:30pm**

Step 4

Pick up your placement: **June 30, 2024**, time TBA.

Step 5

Season begins for Dance Teams **July 8, 2024**.
Season begins for Ballet Companies **July 20, 2024**.



Do You Love To *DANCE!*

From the recreational dancer to the pre-professional student, Neisha's Dance & Music Academy has a Performing Group for every level of interest and commitment. If you love to perform, we have a Performing Group for you! Examples of performance opportunities include school events, expos, nursing homes, Bonita Fest, and more. Some groups will even participate in regional conventions and competitions.

Imagine yourself growing in confidence and competence through our, weekly rehearsals, community performances, and more! You will perfect your skills, become more flexible, improve your technique, and grow as an artist each week- all under the mentorship of positive role models. Additionally, Performance Group members have a high success rate with auditions for high school dance teams, show choirs, theatre, and pageants, as well as choice college programs and scholarships.

Performing Groups at ND&MA are "More Than Just Great Dancing!™" Participants are a part of a team of friends where everyone strives to be the best they can be. Community service is a key component of involvement, giving all members an opportunity to give back to our community in a meaningful way. And all teams participate in the Star Leadership Training, designed to develop leadership skills, character, and a sense of purpose in kids.

Discover your love of performance at Neisha's!!!

Benefits of Joining a Dance Team

- Build life-long friendships.
- Learn responsibility and dependability.
- Commit to excellence.
- Keep physically and mentally fit.
- Gain appreciation for the arts and music.
- Learn key social skills.
- Interact with teachers and teammates.
- Accept failure and success gracefully.
- Set goals and reach them.
- Have fun while working hard.



ND&MA Ballet Repertoire 1 & 2

Is your student consumed with all things ballet? Serious and motivated students have the opportunity to be considered for these ballet companies. Placement is based on ability, work ethic, and potential for development. Students may have the opportunity to rehearse with and participate in Chula Vista Ballet Productions, community events, and perform at ND&MA sponsored events!

Audition: June 29, 2024 - 1:00pm

Eligibility: Level 1 and Up

1. Enrollment requirements:
 - a. Participate in full ballet program requirements.
 - b. Weekly technique class.
 - c. Weekly rehearsal.
2. Costume purchase (\$400)



CHULA
CBV VISTA
BALLET
NEISHA'S DANCE & MUSIC ACADEMY

Bring Art to your Life with The Chula Vista Ballet! The mission of this company is to provide the highest caliber and integrity of training and performance opportunities to ballet. We strive to cultivate Chula Vista's community awareness and appreciation of classical ballet, offering a rich educational and inspirational experience.

Audition: June 29, 2024 - 1:00pm

Eligibility: Level 4 and Up

1. Enrollment requirements:
 - a. Participate in full ballet program requirements.
 - b. Weekly conditioning and weekly variation class.
 - c. Weekly rehearsal.
2. Costume purchase (\$400)



Performance Teams

(Beginning Accelerated Teams)

Average Age 5-6



Do your children love to dance any time they hear music? Then this is the performance group for you! Join kids from around the Chula Vista area to perform to a fun mix of songs!

Children will learn how to have a growth mindset and develop a strong technical foundation for advancement in dance.

Directors are looking for good listeners, smiles, and enthusiastic personalities for this fun filled group.

School Year Commitment: July- June

1. Enrollment Requirements:

- a. A weekly Leap N Learn class
- b. A weekly add on: Hippity Hop or Jazz / Acro
- c. A weekly rehearsal

2. Costume: Approximately \$130 (1 or 2)

3. Dance Team Gear: Team Jacket & Backpack (Cost TBD)

Average Age 7-9



With a focus on technique, performance skill, fun, and friendship, Super Kids is the perfect opportunity for early elementary school aged dancers to have an introduction to being on a team and to grow in confidence and dance skills.

Super Kids will learn to have a growth mindset and develop a strong technical foundation for advancement in dance.

In addition to community performances, these kids dance at Disney, march in the CV Parade, performance in the park, and perform at the Dance Team Concert. No out of town travel.

Directors are looking for a blend of personality, a love for dance, and the potential for development as a dancer. Placement is by audition and based on dancer's strengths and available space.

School Year Commitment: July- June

1. Enrollment Requirements:

- a. A weekly Jazz class in your level
- b. A weekly Ballet or Contemporary class in your level
- c. A weekly 45 minute rehearsal block

2. Costume: Approximately \$130

3. Dance Team Gear: Team Jacket & Backpack (Cost TBD)

Average Age 10&up



Aspire Team Performance Company is a Jazz and hip hop based developmental group designed to strengthen dancers' technical and performance skills.

Tappin' Kids! Performance Company is a tap based developmental group!

In addition to community performances, these kids dance at Disney, march in the CV Parade, performance in the park, and perform at the Dance Team Concert. No out of town travel.

Directors are looking for showmanship, a love for dance, and potential for development as a dancer. Placement is by audition and based on dancer's strengths and available space.

School Year Commitment: July- June

1. Aspire Team and Tappin' Kids Enrollment Requirements:

- a. A weekly Jazz class in your level
- b. A weekly Ballet or Contemporary class in your level
- c. A weekly 45 minute rehearsal block

2. Costume: Approximately \$130

3. Dance Team Gear: Team jacket & Backpack (Cost TBD)

Club NDA Competitive Teams

(Intermediate Accelerated Competitive Teams)

Club NDA Competitive Team is a special program designed for dancers who love to perform and desire a more intense level of training. This group is more than dance education... it's a total education.

Club NDA Competitive Team Company provides serious students a unique opportunity through accelerated classes, more choreography, master classes, guest artists, and exposure to the world of professional dance.

In addition to Community Performances, these teams dance at Disney, march in the CV Parade, attend 2-3 local competitions, perform in the Performance in the Park and in the Dance Team Concert.

Plus these teams are invited (not required) to attend a 3-day away dance convention (usually Orange County or LA).

Dancers will work on Servant Leadership training, learn how to have a growth mindset, and participate in community service.

There may be multiple groups at each level of this Competitive Company based on the needs of the dancers and the demands of the choreography, the number of students auditioning, and their skill set. The directors are looking for showmanship, flexibility, passion, technical precision, turning ability, and potential for development. Placement is by audition and based on the dancers strengths and the overall best interest of the group. Dancers who are not selected for the Club NDA Competitive Company may be placed in the Performance Company for additional developmental opportunity.



Commitment:
July-June

Eligibility:
Ages 5-17 years

Dream Team Details:
Eligibility: Age 6+

Enrollment Requirements - **5 classes:**
1 Jazz, 1 Acro, & 2 Ballet at your level,
and 1 Team Rehearsal class.
Highly recommend: Leaps & Turns

Costumes: 2 at \$150 each
Dance Gear: Team jacket and backpack
(cost TBD)

Believe, Inspire & Thrive Team Details:
Eligibility: Age 7+

Enrollment Requirements - **7 classes:**
1 Jazz, 1 Contemporary, 1 Acro, &
2 Ballet at your level, 1 team Hip Hop class,
and 1 Team Rehearsal class.
Highly recommend: Conditioning and
Turns & Leaps

Costumes: 4 at \$150 each
Dance Gear: Team jacket and backpack
(cost TBD)

Tap Team Empower:
Eligibility: Level 2 and up

Enrollment Requirements:
1. A weekly Tap class in your level
2. A second weekly class of your choice.
3. A Team Rehearsal class.

Costumes: 2 at \$150 each
Dance Gear: Team jacket and Backpack
(cost TBD)

**ALL NEW
LEVEL!!!**

THE DANCE COLLECTIVE

• **Performance** • **Precision** • **Passion** • **Purpose**

Advanced Accelerated Competitive Teams

The Neisha's Dance Collective is for students who aim to become dance professionals and want to train at the pre-professional level.

In addition to some of the fun local events, conventions, and performances of the Club level teams, the Dance Collective will bring in guest choreographers to stage more of their work. This travelling team will attend 2-3 away dance conventions and compete at Adrenaline Nationals in Las Vegas in July 2025.

Students at this level will train a minimum of 8 classes per week, plus rehearsals. See class requirements below.

There will be multiple costumes at approximately \$150 each.

Dance gear: Team jacket and backpack (cost TBA).

Class Requirements

- **2 Ballets**
- **1 Jazz**
- **1 Acro**
- **1 Contemporary**
- **1 Turns/Leaps**
- **1 Hip Hop**
- **1 Rehearsal**

Avenir Crew

avenir (avnir) *noun* - French - the future

The Avenir Crew is by audition placement only. It is an add on option for Teen and Senior students in the Dance Collective Company who are ready for greater independence, creating their own artistic works, and are looking ahead to a career or college major in the arts.

CHOREOGRAPHY

Choreograph your own artistic work. Students will imagine, create, costume, rehearse, and present (in performance or competition) their own piece. This can be a Solo, Duet, Trio, or Group number they have envisioned. Choreographers will be coached by ND&MA Team Teachers and will be provided resources to complete the project. Each Avenir choreographer will learn the full ND&MA creative implementation process from idea to stage. All work is required to fall within the ND&MA Culture and Value system.

LEADERSHIP ROLE

For the Season, each Avenir member will:

- Lead warm-ups during regular dance team rehearsals and at community performances and competitions.
- Help plan a meaningful end of the year party for the teams.

CHOREOGRAPHY LAB & JUNIOR FACULTY PROGRAM

Saturdays 5:30-6:30pm, This is an open space for you to rehearse your numbers, work on ideas, learn how to teach the “Neisha’s Way”, and have monthly huddles with Mentors.

Having a GREAT Audition...

ND&MA accepts dancers of various ages and technical abilities. Casting is based on, but not limited to, skill, attendance, technique, style, precision, age, commitment, parent support, attitude, and choreographer inspiration. ND&MA staff will not explain casting. We ask that you trust our professional opinion for placement.

What to Expect at the Audition (for all teams except the ballet companies):

1. Auditions are much like a dance class. Arrive early to stretch. Wear dance gear and have groomed hair.
2. You will learn a short routine and perform it multiple times in small groups.
3. Auditions are FREE and friendly! Every dancer will be encouraged to do their best to enjoy the experience.

Having a great audition:

1. Plan ahead. Plan your ride, your outfit, hair, and arrival to leave plenty of time for stretching and relaxing.
2. Relax and have fun! This is a friendly, positive experience, and a great preparation for other audition experiences, such as show choirs, dance teams, and theatre. "Learn the ropes" about auditioning in a safe environment!

Call Backs and Placements: The directors will cast dancers based on the overall best interest of the teams. Dancers who are selected will be asked to return for a call back meeting. Dancers and Parents will be given the full mission, vision, and values of the team at this time.

What if I don't "make the group I want" or "make it" at all?

A NOTE TO PARENTS:

1. Not everyone who auditions will be ready for Performing Groups. Some dancers audition several years before being ready. Some are members one year, but not another. IF YOU FEEL THAT YOU OR YOUR DANCER ARE NOT PREPARED TO BE TURNED DOWN, please wait another year before auditioning.
2. There is something to be learned from every audition, regardless of the outcome. Dancers who are not selected should be encouraged to keep dancing and try again the next season. Dancers who are selected should be humbled by the opportunity and gracious towards others. Attitudes at the end of auditions often reveal more than the actual audition itself and make a lasting impression. Make yours a good one!
3. Audition results are final. Students are welcome to ask for written feedback for improvement after auditions, however, requests for re-evaluation for placement by either students or parents, will not be accepted. If we need to make adjustments to groupings, we will do so based on what we see developmentally at the time. Keep working. We are preparing dancers for real world experiences.

If your dancer is not placed on the team she/he aspired to be on, below are some helpful tips:

Comfort and Validate their experience.

Tie your dancer's value to their character, not their achievements.

Encourage your dancer to reflect on their feelings with you.

If you don't succeed, try again.

Look at the training schedule for the team they wanted to be on, then use that schedule as a guide to reach goals for next year's audition by enrolling in those classes.

I have read the above notes, understand and agree.

Sign:

Date:

Thank you for your support!

Testimonial by a Dance Team Dancer



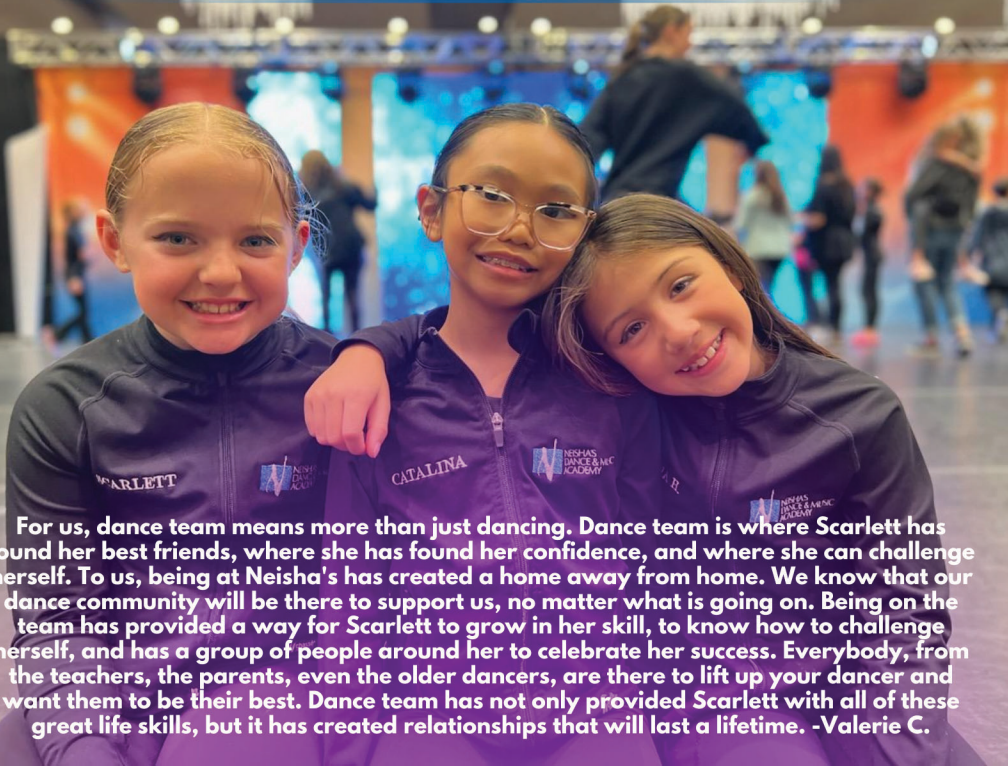
**Through the Eyes of Sealyn,
Dance is...**

- A Way to Express Yourself
- Discipline and Hardwork
- Challenging
- Growth
- Friendship
- Team Building
- Goal Setting
- Perseverance
- Rewarding
- Uplifting
- Happiness
- All Heart

Thank you to her coaches: Ms. Ericka, Ms. Lyndsay,
and Ms. Gaby for your continued guidance.

Thank you Neisha's Dance & Music Academy for providing
a platform to learn and share the love of dance.

Testimonial by a Dance Team Parent



For us, dance team means more than just dancing. Dance team is where Scarlett has found her best friends, where she has found her confidence, and where she can challenge herself. To us, being at Neisha's has created a home away from home. We know that our dance community will be there to support us, no matter what is going on. Being on the team has provided a way for Scarlett to grow in her skill, to know how to challenge herself, and has a group of people around her to celebrate her success. Everybody, from the teachers, the parents, even the older dancers, are there to lift up your dancer and want them to be their best. Dance team has not only provided Scarlett with all of these great life skills, but it has created relationships that will last a lifetime. -Valerie C.

Shared Responsibility Of Outcome

For the benefit of the dancer's journey, the Directors, Students, and Parents all need to work together in the following ways:



Director

- Clear Communication
- Defines Expectations & Holds Accountable
- Set Plan & Pace for Training, Performances, & Events

Student

- Always Prepared & In Attendance for Classes, Rehearsals, & Performances
- Growth Mindset/Strong Work Ethic
- Positive Attitude in Classes

Parent

- Trusts & Supports the Process & Program
- Up to Date on Emails/Information
- Has a Supportive/Encouraging Energy
- Gossip Free



Team Placement Factors

★ Age/Developmental Level

★ Attendance

★ Audition

★ Behavior

★ Parent Support

Age/Developmental Level 20%

- Dancer's competition age
- Emotional and social maturity
- Technical progression
- Comprehension
- Coachability

Attendance 20%

- Class Attendance
- Punctuality for class & performances
- Rehearsal/Kick Off/ Competition Attendance



Parent Support 20%

- Trusts & Supports the Process & Program
- Up to Date on Emails/Information
- Has a Supportive/Encouraging Energy
- Gossip Free

Audition 20%

- Ability to pick up combinations quickly
- Performance/Composure
- Demonstrate technique properly and on the spot

Behavior 20%

- Active listening
- Participation
- Following class rules
- Consideration for others
- Responsibility
- Drive

Neisha's...the PLACE to BE!!!

Here's to the "CREATIVE" ones. The ones that wear their passionate heart on their sleeve like a badge of honor.

They are not fond of negativity or people who don't give 110 percent.

They value zeal, vulnerability, good character, confidence, serving others, strong work ethic and the humans behind the art.

You can admire them for their brazen zest for life. Or envy them because they've seemed to crack the code of living with self-worth, intention, and purpose.

But one thing you can't do is ignore them because they LIVE WHAT THEY LOVE and fiercely believe in their life's mission.

And while some may see them as eccentric, unprecedented, or emotionally driven, we see them as the keepers of the Flame.

They are the leaders, teachers, athletes and artists that fuel the cycle of self-empowerment. They are not afraid to try and fail, to be themselves, and put their whole being - mind, body, spirit and soul - into their endeavors.

Because the ones who are "CREATIVE," think they can ignite the spark of inspiration in the world by sharing their gifts and their hearts...

THEY are the ones who DO.

~Neisha Hernandez