



# 2023-24 Dance Team Auditions

Ages 4 & Up



**Friday, July 7, 2023**  
Ages 4 - 17

Competitive Dance Teams  
Performance Dance Teams

**Saturday, August 12, 2023**  
Level 1 - 7

*Ballet Companies:*  
Chula Vista Ballet  
Ballet Repertoire

## Step 1

Sign up for Auditions: [www.neishas.com/signup](http://www.neishas.com/signup)

## Step 2

Attend  
Auditions:

**Friday, July 7, 2023**  
Dance Teams

**Saturday, August 12, 2023**  
Ballet Companies

## Step 3

Attend **Call Back Meeting**  
to receive details.

**Sunday, July 9, 2023**  
Dance Teams

**Saturday, August 26, 2023**  
Ballet Companies

*N*couraging kids to lead *N*spired lives!

# Do You Love To *DANCE*?

From the recreational dancer to the pre-professional student, Neisha's Dance & Music Academy has a Performing Group for every level of interest and commitment. If you love to perform, we have a Performing Group for you! Examples of performance opportunities include school events, expos, nursing homes, Bonita Fest, and more. Some groups will even participate in regional conventions and competitions.

Imagine yourself growing in confidence and competence through our weekly rehearsals, community performances, and more! You will perfect your skills, become more flexible, improve your technique, and grow as an artist each week- all under the mentorship of positive role models. Additionally, Performance Group members have a high success rate with auditions for high school dance teams, show choirs, theatre, and pageants, as well as choice college programs and scholarships.

Performing Groups at ND&MA are "More Than Just Great Dancing!™" Participants are a part of a team of friends where everyone strives to be the best they can be. Community service is a key component of involvement, giving all members an opportunity to give back to our community in a meaningful way. And all teams participate in the Star Leadership Training, designed to develop leadership skills, character, and a sense of purpose in kids.

**Discover your love of performance at Neisha's!!!**



# Avenir Crew

**avenir** (avnir) *noun* - French - the future

The Avenir Crew is by audition placement only. It is an add on option for Teen and Senior students who are ready for greater independence, creating their own artistic works, and are looking ahead to a career or college major in the arts.

## CHOREOGRAPHY

Choreograph your own artistic work. Students will imagine, create, costume, rehearse, and present (in performance or competition) their own piece. This can be a Solo, Duet, Trio, or Group number they have envisioned. Choreographers will be coached by Club NDA Team Teachers and provided resources to complete the project. Each Avenir choreographer will learn the full ND&MA creative implementation process from idea to stage. All work is required to fall within the ND&MA Culture and Value system.

## INDUSTRY DAY

Students on the Avenir team will travel to Los Angeles to participate in a day of professional level classes and have a Q&A lunch session with a current working artist.

## CUSTOMIZED DANCE SCHEDULE

Avenir Crew will have the opportunity to customize their dance schedule with the coaches based on their individual goals and are not necessarily required to follow team minimums.

## LEADERSHIP ROLE

For the Season, each Avenir member will:

- Lead warm-ups for during regular dance team rehearsals and at community performances and competitions.

- Be mentored by Ms. Lyndsay to be the announcer at community performances.

- Help plan a meaningful end of the year party for the teams.

## CHOREOGRAPHY LAB & JUNIOR FACULTY PROGRAM

Saturdays 5:30-6:30pm, This is an open space for you to rehearse your numbers, work on ideas, learn how to teach the “Neisha’s Way”, and have monthly huddles with Mentors.

# N Performance Teams

## Sparkle Squad

## SUPERKIDS

## DANCIN' KIDS



Do your children love to dance any time they hear music? Then this is the performance group for you! Join kids from around the Chula Vista area to perform to a fun mix of songs!

Children will learn how to have a growth mindset and develop a strong technical foundation for advancement in dance.

Directors are looking for good listeners, smiles, and enthusiastic personalities for this fun filled group.

**Average Age: 4 - 6**

**School Year Commitment: July- June**

1. Enrollment Requirements:

- A weekly Leap N Learn class
- A weekly add on: Hippity Hop or Primary Acro
- A weekly 30 minute rehearsal block

2. Costume: \$115

3. Dance Team Gear: Team Jacket and Backpack \$175



With a focus on technique, performance skill, fun, and friendship, Super Kids is the perfect opportunity for early elementary school aged dancers to grow in confidence and dance skills.

Super Kids will learn to have a growth mindset and develop a strong technical foundation for advancement in dance.

Directors are looking for a blend of personality, a love for dance, and the potential for development as a dancer. Placement is by audition and based on dancer's strengths and available space.

**Average Age: 6-8**

**School Year Commitment: July- June**

1. Enrollment Requirements:

- A weekly Jazz class in your level
- A weekly Ballet or Contemporary class in your level
- A weekly 45 minute rehearsal block

2. Costume: \$115

3. Dance Team Gear: Team Jacket and Backpack \$175



Dancin' Kids! Performance Company is a Jazz and hip hop based developmental group designed to strengthen dancers' technical and performance skills.

Tappin' Kids! Performance Company is a tap based developmental group!

Directors are looking for showmanship, a love for dance, and potential for development as a dancer. Placement is by audition and based on dancer's strengths and available space.

**Average Age: 9 and up**

**School Year Commitment: July- June**

1. Dancin' Kids Enrollment Requirements::

- A weekly Jazz class in your level
- A weekly Ballet or Contemporary class in your level
- A weekly 45 minute rehearsal block

2. Costume: \$115

3. Dance Team Gear: Team jacket and Backpack \$175



# Club NDA Competitive Teams

Club NDA Competitive Team is a special program designed for dancers who love to perform and desire a more intense level of training. This group is more than dance education... it's a total education.

Club NDA Competitive Team Company provides serious dancers a unique opportunity through accelerated classes, more choreography, community performances, travel, master classes, competitions, and exposure to the world of professional dance.

Dancers will work on Servant Leadership training, learn how to have a growth mindset, and participate in community service.

There may be multiple groups at each level of the Competitive Company based on the needs of the dancers and the demands of the choreography, the number of students auditioning, and their skill set. The directors are looking for showmanship, flexibility, passion, technical precision, turning ability, and potential for development. Placement is by audition and based on the dancers strengths and the overall best interest of the group. Dancers who are not selected for the Club NDA Competitive Company may be placed in the Performance Company for additional developmental opportunity.



**Commitment:**  
**July-June**

**Eligibility:**  
**Ages 6-17 years**

**Dream Team Details:**  
Eligibility: Age 6+

Enrollment Requirements: 6 classes.  
1 Jazz, 1 Acro, & 2 Ballet at your level,  
1 hour Conditioning class, and 1 Team  
Rehearsal class.

Costumes: 2 at \$150 each  
Dance Gear: Team jacket and backpack  
(cost TBD)

**Believe, Inspire, Thrive Team Details:**  
Eligibility: Age 7+

Enrollment Requirements: 8 classes. 1 Jazz,  
1 Contemporary, 1 Acro, & 2 Ballet at your  
level, 1 Conditioning class, 1 team Hip Hop  
class, and 1 Team Rehearsal class.

Avenir Crew: Add 1 Choreographer's Lab

Costumes: 4 at \$150 each  
Dance Gear: Team jacket and backpack  
(cost TBD)

**Tap Teams: Dare & Empower:**  
Eligibility: Age 7+, Level 1 up

Enrollment Requirements:  
1. A weekly Tap class in your level  
2. A second weekly class of your choice.  
3. A Team Rehearsal class.

Costumes: 2 @ \$150 each  
Dance Gear: Team jacket and Backpack  
(cost TBD)

# Having a GREAT Audition...

ND&MA accepts dancers of various ages and technical abilities. Casting is based on, but not limited to, skill, attendance, technique, style, precision, age, commitment, parent support, attitude, and choreographer inspiration. ND&MA staff will not explain casting. We ask that you trust our professional opinion for placement.

## **What to Expect at the Audition (for all teams except the ballet companies):**

1. Auditions are much like a dance class. Arrive early to stretch. Wear dance gear and have groomed hair.
2. You will learn a short routine and perform it multiple times in small groups.
3. Auditions are FREE and friendly! Every dancer will be encouraged to do their best to enjoy the experience.

## **Having a great audition:**

1. Plan ahead. Plan your ride, your outfit, hair, and arrival to leave plenty of time for stretching and relaxing.
2. Relax and have fun! This is a friendly, positive experience, and a great preparation for other audition experiences, such as show choirs, dance teams, and theatre. "Learn the ropes" about auditioning in a safe environment!

**Call Backs and Placements:** The directors will cast dancers based on the overall best interest of the teams. Dancers who are selected will be asked to return for a call back meeting. Dancers and Parents will be given the full mission, vision, and values of the team at this time.

## **What if I don't "make the group I want" or "make it" at all?**

### **A NOTE TO PARENTS:**

1. Not everyone who auditions will be ready for Performing Groups. Some dancers audition several years before being ready. Some are members one year, but not another. IF YOU FEEL THAT YOU OR YOUR DANCER ARE NOT PREPARED TO BE TURNED DOWN, please wait another year before auditioning.
2. There is something to be learned from every audition, regardless of the outcome. Dancers who are not selected should be encouraged to keep dancing and try again the next season. Dancers who are selected should be humbled by the opportunity and gracious towards others. Attitudes at the end of auditions often reveal more than the actual audition itself and make a lasting impression. Make yours a good one!
3. Audition results are final. Students are welcome to ask for written feedback for improvement after auditions, however, requests for re-evaluation for placement by either students or parents, will not be accepted. If we need to make adjustments to groupings, we will do so based on what we see developmentally at the time. Keep working. We are preparing dancers for real world experiences.

## **If your dancer is not placed on the team she/he aspired to be on, below are some helpful tips:**

Comfort and Validate their experience.

Tie your dancer's value to their character, not their achievements.

Encourage your dancer to reflect on their feelings with you.

If you don't succeed, try again.

Look at the training schedule for the team they wanted to be on, then use that schedule as a guide to reach goals for next year's audition by enrolling in those classes.

I have read the above notes, understand and agree.

Sign:

Date:

# Thank you for your support!



# ND&MA Ballet Repertoire 1 & 2

Is your student consumed with all things ballet? Serious and motivated students have the opportunity to be considered for these ballet companies. Placement is based on ability, work ethic, and potential for development. Students may have the opportunity to rehearse with and participate in Chula Vista Ballet Productions, community events, and perform at ND&MA sponsored events!

**Audition: August 12, 2023 - 2:30pm**

## **Eligibility: Level 1 and Up**

1. Enrolment requirements
  - a. Participate in full ballet program requirements.
  - b. Weekly technique class.
  - c. Weekly rehearsal.
2. Costume purchase (\$400)
3. Company Jacket





# CHULA BVISTA BALLET

BRING ART TO YOUR LIFE

Bring Art to your Life with The Chula Vista Ballet! The mission of this company is to provide the highest caliber and integrity of training and performance opportunities to ballet. We strive to cultivate Chula Vista's community awareness and appreciation of classical ballet, offering a rich educational and inspirational experience.

**Audition: August 12, 2023 - 2:30pm**

**Eligibility: Level 4 and Up**

1. Enrolment requirements
  - a. Participate in full ballet program requirements.
  - b. Weekly conditioning and weekly variation class.
  - c. Weekly rehearsal.
2. Costume purchase (\$400)
3. Company Jacket



# Neisha's...the PLACE to BE!!!

**H**ere's to the "CREATIVE" ones. The ones that wear their passionate heart on their sleeve like a badge of honor.

They are not fond of negativity or people who don't give 110 percent.

They value zeal, vulnerability, good character, confidence, serving others, strong work ethic and the humans behind the art.

You can admire them for their brazen zest for life. Or envy them because they've seemed to crack the code of living with self-worth, intention, and purpose.

But one thing you can't do is ignore them because they LIVE WHAT THEY LOVE and fiercely believe in their life's mission.

And while some may see them as eccentric, unprecedented, or emotionally driven, we see them as the keepers of the Flame.

They are the leaders, teachers, athletes and artists that fuel the cycle of self-empowerment. They are not afraid to try and fail, to be themselves, and put their whole being - mind, body, spirit and soul - into their endeavors.

Because the ones who are "CREATIVE," think they can ignite the spark of inspiration in the world by sharing their gifts and their hearts...

THEY are the ones who DO.

*~Neisha Hernandez*