



2025-26 Dance Team & Ballet Company Auditions

Ages 5 & Up



BALLET COMPANIES

Saturday, July 12, 2025

1:00pm

Level Pre Ballet B - 7

**Chula Vista Ballet
Ballet Repertoire**

DANCE TEAMS

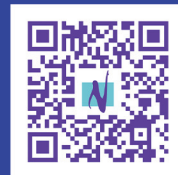
Saturday, July 12, 2025

1:30pm

Ages 5 - 17

**Competitive Dance Teams
Performance Dance Teams**

Sign up for Auditions Today!



Do You Love To *DANCE*?

From the recreational dancer to the pre-professional student, Neisha's Dance & Music Academy has a Performing Group for every level of interest and commitment. If you love to perform, we have a Performing Group for you! Examples of performance opportunities include school events, expos, nursing homes, Bonita Fest, and more. Some groups will even participate in regional conventions and competitions.

Imagine yourself growing in confidence and competence through our, weekly rehearsals, community performances, and more! You will perfect your skills, become more flexible, improve your technique, and grow as an artist each week- all under the mentorship of positive role models. Additionally, Performance Group members have a high success rate with auditions for high school dance teams, show choirs, theatre, and pageants, as well as choice college programs and scholarships.

Performing Groups at ND&MA are "More Than Just Great Dancing!" Participants are a part of a team of friends where everyone strives to be the best they can be. Community service is a key component of involvement, giving all members an opportunity to give back to our community in a meaningful way. And all teams participate in the Star Leadership Training, designed to develop leadership skills, character, and a sense of purpose in kids.

Discover your love of performance at Neisha's!!!

Benefits of Joining a Dance Team or Ballet Company at Neisha's:

- Build life-long friendships.
- Learn responsibility and dependability.
- Commit to excellence.
- Keep physically and mentally fit.
- Gain appreciation for the arts and music.
- Learn key social skills.
- Interact with teachers and teammates.
- Accept failure and success gracefully.
- Set goals and reach them.
- Have fun while working hard.

**2025-26 Dance Team &
Ballet Company Auditions**
Ages 5 & Up

Audition Next Steps



BALLET COMPANIES
Saturday, July 12, 2025
1:00pm
Level 1 - 7
Chula Vista Ballet
Ballet Repertoire

DANCE TEAMS
Saturday, July 12, 2025
1:30pm
Ages 5 - 17
Competitive Dance Teams
Performance Dance Teams

Step 1

All Parents come to an informational meeting.
Students get sit in on rehearsal during the meeting.
May 17, 2025 or June 21, 2025 at 1pm
www.neishas.com/signup.



Step 2

Sign up for Auditions: www.neishas.com/signup

Step 3

Attend Auditions: **Saturday, July 12, 2025**
Ballet Companies: **1pm**
Dance Teams **1:30pm**

Step 4

Pick up your placement: **Sunday, July 13, 2025**, time TBA.

Step 5

Season begins for Dance Teams **July 19, 2025**.
Season begins for Ballet Companies **July 19, 2025**.



CHULA
CV VISTA
BALLET
NEISHA'S DANCE & MUSIC ACADEMY

Bring Art to your Life with The Chula Vista Ballet! The mission of this company is to provide the highest caliber and integrity of training and performance opportunities to ballet. We strive to cultivate Chula Vista's community awareness and appreciation of classical ballet, offering a rich educational and inspirational experience.

Audition: July 12, 2025 - 1:00pm

Eligibility: Level 4 and Up

1. Enrollment requirements:
 - a. Participate in full ballet program requirements.
 - b. Weekly conditioning and weekly variation class.
 - c. Weekly rehearsal.
2. Costume purchase (Estimate \$400) (Tariffs may cause adjustments.)



NEISHA'S
DANCE & MUSIC
ACADEMY

Ballet Repertoire

Is your student consumed with all things ballet?
Serious and motivated students have the opportunity to be considered for these ballet companies. Placement is based on ability, work ethic, and potential for development. Students may have the opportunity to rehearse with and participate in Chula Vista Ballet Productions, community events, and perform at ND&MA sponsored events!

ND&MA Ballet Repertoire 1 & 2

Audition: July 12, 2025 - 1:00pm

Eligibility: Pre Ballet B and Up

1. Enrollment requirements:
 - a. Participate in full ballet program requirements.
 - b. Weekly technique class.
 - c. Weekly rehearsal.
2. Costume purchase (Estimate \$400)
(Tariffs may cause adjustments.)

N Performance Teams

(Beginning Accelerated Teams)

Sparkle Squad Average Age 5-6



Do your children love to dance any time they hear music? Then this is the performance group for you! Join kids from around the Chula Vista area to learn how to perform!

Children will learn how to have a growth mindset and develop a strong technical foundation for advancement in dance.

Directors are looking for good listeners, smiles, and enthusiastic personalities for this fun filled group.

Super Kids Average Age 7-9



With a focus on technique, performance skill, fun, and friendship, Super Kids is the perfect opportunity for early elementary school aged dancers to have an introduction to being on a team and to grow in confidence and dance skills.

Super Kids will learn to have a growth mindset and develop a strong technical foundation for advancement in dance.

In addition to community performances, these kids dance at Disney, march in the CV Parade, have a performance in the park, and perform at the Dance Team Concert. No out of town travel.

Directors are looking for a blend of personality, a love for dance, and the potential for development as a dancer. Placement is by audition and based on dancer's strengths and available space.

Aspire Team Average Age 10&up



Aspire Team Performance Company is a Jazz and hip hop based developmental group designed to strengthen dancers' technical and performance skills.

In addition to community performances, these kids dance at Disney, march in the CV Parade, participating in the performance in the park, and perform at the Dance Team Concert. No out of town travel.

Directors are looking for showmanship, a love for dance, and potential for development as a dancer. Placement is by audition and based on dancer's strengths and available space.

School Year Commitment: July- June

1. Enrollment Requirements:

- A weekly Leap N Learn class
- A weekly add on: Hippity Hop or Jazz / Acro
- A weekly rehearsal

2. Costume: Approximately \$140*

3. Dance Team Gear: Team Jacket & Backpack (Cost TBD)

School Year Commitment: July- June

1. Enrollment Requirements:

- A weekly Jazz class in your level
- A weekly Ballet or Contemporary class in your level
- A weekly 45 minute rehearsal block

2. Costume: Approximately \$140*

3. Dance Team Gear: Team Jacket & Backpack (Cost TBD)

School Year Commitment: July- June

1. Aspire Team:

- A weekly Jazz class in your level
- A weekly Hip Hop class in your level
- A weekly 45 minute rehearsal block

2. Costume: Approximately \$140*

3. Dance Team Gear: Team jacket & Backpack (Cost TBD)

(*Tariffs may cause adjustments.)

Club NDA Competitive Teams

(Intermediate Accelerated Competitive Teams)

Club NDA Competitive Team is a special program designed for dancers who love to perform and desire a more intense level of training. This group is more than dance education... it's a total education.

Club NDA Competitive Team Company provides serious students a unique opportunity through accelerated classes, more choreography, master classes, guest artists, and exposure to the world of professional dance.

In addition to Community Performances, these teams dance at Disney, march in the CV Parade, attend 2-3 local competitions, perform in the Performance in the Park and in the Dance Team Concert.

Plus these teams are invited (not required) to attend a 3-day away dance convention (usually Orange County or LA).

Dancers will work on Servant Leadership training, learn how to have a growth mindset, and participate in community service.

There may be multiple groups at each level of this Competitive Company, based on the needs of the dancers, the demands of the choreography, the number of students auditioning, and their skill set. The directors are looking for showmanship, flexibility, passion, technical precision, turning ability, and potential for development. Placement is by audition and based on the dancers strengths and the overall best interest of the group. Dancers who are not selected for the Club NDA Competitive Company may be placed in the Performance Company for additional developmental opportunity.



Commitment:
July-June

Eligibility:
Ages 5-17 years

Dream Team Details:
Eligibility: Age 6+

Enrollment Requirements - **5 classes:**
1 Jazz, 1 Acro, 2 Ballet at your level,
and 1 Team Rehearsal class.
Highly recommend: Leaps & Turns,
Hip Hop & Contemporary

Costumes: 2 at \$160 each*
Dance Gear: Team jacket and backpack
(cost TBD)

Believe, Inspire & Thrive Team Details:
Eligibility: Age 7+

Enrollment Requirements - **7 classes:**
1 Jazz, 1 Contemporary, 1 Acro,
2 Ballet at your level, 1 team Hip Hop class,
and 1 Team Rehearsal class.
Highly recommend: Conditioning and
Turns & Leaps

Costumes: 3 at \$160 each*
Dance Gear: Team jacket and backpack
(cost TBD)

Tap Team Empower:
Eligibility: Level 2 and up

Enrollment Requirements:
1. A weekly Tap class in your level
2. A second weekly class of your choice.
3. A Team Rehearsal class.

Costumes: \$160*
Dance Gear: Team jacket and Backpack
(cost TBD)

(*Tariffs may cause adjustments.)

THE DANCE COLLECTIVE

• Performance • Precision • Passion • Purpose

Advanced Accelerated Competitive Teams



Jazz & Contemporary Collective

The Neisha's Jazz & Contemporary Collective is for students who aim to become dance professionals and want to train at the pre-professional level.

In addition to some of the fun local events, conventions, and performances of the Club level teams, the Jazz & Contemporary Collective will bring in guest choreographers to stage more of their work. This travelling team will attend 2-3 away dance conventions and compete at a Nationals event in Summer 2026.

Students at this level will train a minimum of 7 classes per week, plus rehearsals.

There will be multiple costumes at approximately \$160 each*.

Dance gear: Team jacket and backpack (cost TBA).

NDA Crew - Hip Hop Collective

A high energy, passionate & dynamic crew of kids dedicated to the artistry of hip hop movement. This competitive team thrives on precision, musicality, and expressive storytelling while embodying confidence, strength, and creativity.

In addition to some of the fun local events, conventions, and performances of the Club level teams, the NDA Crew will bring in guest choreographers to stage more of their work. This travelling team will attend 2-3 away dance conventions and compete at a Nationals event in Summer 2026.

Students at this level will train a minimum of 1 hip hop class per week at level, plus rehearsal.

Costumes: Approximately \$160*

Dance gear: Team jacket and backpack (cost TBA).

Tap Collective

A rhythmically powerful and musically driven team of tap dancers committed to excellence in both sound and style. This advanced tap team thrives on intricate footwork, dynamic syncopation, and crisp precision, all while embracing the art of storytelling through rhythm.

In addition to some of the fun local events, conventions, and performances of the Club level teams, the Tap Collective will bring in guest choreographers to stage more of their work. This travelling team will attend 2-3 away dance conventions and compete at a Nationals event in Summer 2026.

Students at this level will train a minimum of 1 tap class at level, plus rehearsal.

Costumes: Approximately \$160*

Dance gear: Team jacket and backpack (cost TBA).

Class Requirements

- 2 Ballets
- 1 Jazz
- 1 Acro
- 1 Contemporary
- 1 Turns/Leaps
- 1 Rehearsal

Class Requirements

- 1 Hip Hop
- 1 Rehearsal

(*Tariffs may cause adjustments.)

Class Requirements

- 1 Tap
- 1 Rehearsal

Shared Responsibility of Outcome

For the benefit of the dancer's journey, the Directors, Students, and Parents all need to work together in the following ways:



Director

- Clear Communication
- Defines Expectations & Holds Accountable
- Set Plan & Pace for Training, Performances, & Events

Student

- Always Prepared & In Attendance for Classes, Rehearsals, & Performances
- Growth Mindset/Strong Work Ethic
- Positive Attitude in Classes

Parent

- Trusts & Supports the Process & Program
- Up to Date on Emails/Information
- Has a Supportive/Encouraging Energy
- Gossip Free



Team Placement Factors

★ Age/Developmental Level

★ Attendance

★ Audition

★ Behavior

★ Parent Support

Age/Developmental Level 20%

- Dancer's competition age
- Emotional and social maturity
- Technical progression
- Comprehension
- Coachability

Attendance 20%

- Class Attendance
- Punctuality for class & performances
- Rehearsal/Kick Off/ Competition Attendance



Parent Support 20%

- Trusts & Supports the Process & Program
- Up to Date on Emails/Information
- Has a Supportive/Encouraging Energy
- Gossip Free

Audition 20%

- Ability to pick up combinations quickly
- Performance/Composure
- Demonstrate technique properly and on the spot

Behavior 20%

- Active listening
- Participation
- Following class rules
- Consideration for others
- Responsibility
- Drive

Having a GREAT Audition...

ND&MA accepts dancers of various ages and technical abilities. Casting is based on, but not limited to, skill, attendance, technique, style, precision, age, commitment, parent support, attitude, and choreographer inspiration. ND&MA staff will not explain casting. We ask that you trust our professional opinion for placement.

What to Expect at the Audition (for all teams except the ballet companies):

1. Auditions are much like a dance class. Arrive early to stretch. Wear dance gear and have groomed hair.
2. You will learn a short routine and perform it multiple times in small groups.
3. Auditions are FREE and friendly! Every dancer will be encouraged to do their best to enjoy the experience.

Having a great audition:

1. Plan ahead. Plan your ride, your outfit, hair, and arrival to leave plenty of time for stretching and relaxing.
2. Relax and have fun! This is a friendly, positive experience, and a great preparation for other audition experiences, such as show choirs, dance teams, and theatre. "Learn the ropes" about auditioning in a safe environment!

Call Backs and Placements: The directors will cast dancers based on the overall best interest of the teams. Dancers who are selected will be asked to return for a call back meeting. Dancers and Parents will be given the full mission, vision, and values of the team at this time.

What if I don't "make the group I want" or "make it" at all?

A NOTE TO PARENTS:

1. Not everyone who auditions will be ready for Performing Groups. Some dancers audition several years before being ready. Some are members one year, but not another. IF YOU FEEL THAT YOU OR YOUR DANCER ARE NOT PREPARED TO BE TURNED DOWN, please wait another year before auditioning.
2. There is something to be learned from every audition, regardless of the outcome. Dancers who are not selected should be encouraged to keep dancing and try again the next season. Dancers who are selected should be humbled by the opportunity and gracious towards others. Attitudes at the end of auditions often reveal more than the actual audition itself and make a lasting impression. Make yours a good one!
3. Audition results are final. Students are welcome to ask for written feedback for improvement after auditions, however, requests for re-evaluation for placement by either students or parents, will not be accepted. If we need to make adjustments to groupings, we will do so based on what we see developmentally at the time. Keep working. We are preparing dancers for real world experiences.

If your dancer is not placed on the team she/he aspired to be on, below are some helpful tips:

1. Comfort and Validate their experience.
2. Tie your dancer's value to their character, not their achievements.
3. Encourage your dancer to reflect on their feelings with you.
4. If you don't succeed, try again.
5. Look at the training schedule for the team they wanted to be on, then use that schedule as a guide to reach goals for next year's audition by enrolling in those classes.

I have read the above notes, understand and agree.

Sign:

Date:

Thank you for your support!